

CAROLINA COURTS VOLLEYBALL CLINICS



ALL CLINICS ARE FREE!!

AUGUST 1ST – 6:30-8:30PM

Drills and progressions for teaching the skills to young players

Ideal for middle school and high school coaches at all levels looking for ideas on how to teach serving, passing, defense, hitting, blocking, plus setter training. Collier will show progressions and competitive drills with a group of young players. Collier will just be coming back from his experience as the head coach for the USA Youth National A2 Team, and will share some concepts used with the top young players in the country, as well as ways to work with younger, less experienced players.

AUGUST 3RD – 6:30-7:30PM

Parent Seminar - Focused on how to be an ideal parent for your volleyball daughter

This seminar will help with the do's and don'ts of talking with coaches, teaching your daughter to effectively work with coaches, conflict resolution, athletic development, physical development, and cross training. It will also touch on club volleyball, multi-sport athletes, the role of academics, and handling losses/setbacks. Open to all parents of players of all ages.

AUGUST 15TH – 4:00-6:00PM

High Level Competitive Volleyball Drills

Collier will show many of the competitive team drills and team situational drills he uses with the USA Youth National team and his championship Wingate University team.

**HEAD COACH
SHELTON COLLIER**

Each clinic will be led by Wingate University's head coach Shelton Collier, who holds an impressive 143-48 record with the Bulldogs. He was named the 2009 NCAA South Region Coach of the Year and 2009 SAC Coach of the Year. Prior to his move to Wingate, Collier had 11 flourishing seasons at Georgia Tech University, finishing with a 565-207 record; the most successful coach in the program's history. He has also headed numerous USA Youth National Teams, last year's competing at the National High Performance Championships.

Call 704-882-1115 for more information